

# Basic Exercises

## Full (Rebound) Stroke

8,8,16 (SSL)

r\_ l\_ r\_ l\_ r\_ l\_ r\_ l\_

16th Note Timing

nat\_

## Down (2 Height) Stroke

Accent Tap

r\_ l\_

16th Note Grid

alt\_

Triplet Grid

alt\_

# Double (Diddle) Stroke

Double Beat  
(short, short, long)

Triplet Partial

Stick Control

No Accent 1st time

Stick Control  
(Triplets)

\*Also play 4/4 Triplet version

6/4 (Triplet) Rolls





2 Height - Focus on minimal effort to change dynamics  
 Mechanics shouldn't drastically change to change heights  
 Use hand to absorb energy and continue to next dynamic  
 Avoid "squeezing" the stick

♩=80-180  
 -Start with a comfortable accent height for the tempo of the song  
 -From there, repeat with accents at all dynamics (mp, mf, f)  
 -The "heights" of the stick will be determined by the tempo, pay more attention to the actual "dynamics"  
 -Each pattern is repeated 8 times

2 Single Hand AT Buildup

Three staves of musical notation for 'Single Hand AT Buildup'. Each staff contains a sequence of rhythmic patterns with accents (>) and dynamic markings (mp, mf, f). The patterns are repeated 8 times each.

Twitch and 2 Height - Focus on minimal effort to change dynamics  
 Mechanics shouldn't drastically change to change heights  
 Use hand to absorb energy of accents and continue tap motion  
 Use wrist and forearm to "kick" the stick to accent height

♩=80-100  
 -Repeat each pattern until comfortable (at least 4 times)  
 -Tap motion consistency should be the focus  
 -At faster tempos accents should become less strict and more "moeller" technique style

Two columns of musical notation for various tap techniques. The left column includes 'Twitch Taps', 'Invert Accents', and 'Threes'. The right column includes 'Accent on the Attacks', 'Accent Tap', and 'Bux'. Each technique is shown with rhythmic notation and hand indicators (R, L).

Hand to Hand w/ 2 Height - Focus on applying same technique from Single Hand 2 height

♩=80-180  
 -Repeat each pattern until comfortable (at least 4 times)  
 -Tap motion consistency should be the focus  
 -At faster tempos accents should become less strict and more "moeller" technique style

Six staves of musical notation for 'Hand to Hand w/ 2 Height'. Each staff shows a sequence of rhythmic patterns with hand indicators (R, L) and dynamic markings. The patterns are repeated 4 times each.



### Triplet Roll Breakdown

♩=100-190

Repeat on RH then LH multiple times

R L R L R L Sim . . .

Add accents after single height is achieved

# Legatos

Diamond Bar High School

DV

Musical score for the first system, featuring four staves: SnareLine, TenorLine, BassLine, and ALine. The SnareLine staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The TenorLine staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The BassLine staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The ALine staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The score is marked with '3' and '2' time signatures and includes various musical notations such as beams, slurs, and accents.

Musical score for the second system, featuring four staves: Snare, Tenors, Bass Dr, and A. The Snare staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The Tenors staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The Bass Dr staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The A staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The score is marked with '3' and '2' time signatures and includes various musical notations such as beams, slurs, and accents. A box labeled 'A' is present above the Snare staff.

Musical score for the third system, featuring four staves: Snare, Tenors, Bass Dr, and A. The Snare staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The Tenors staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The Bass Dr staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The A staff includes a '2nd Time Mirror Part' and a '2nd Time Mirror Part' section. The score is marked with '3' and '2' time signatures and includes various musical notations such as beams, slurs, and accents.



20

Snare  
LRL R LRL R L L R LRLR L L L L L R LRL R R R R R L RLR L L L L L RLRLR RRLRLRL L

Tenors  
LRL R LRL R L L R LRLR L L L L L R LRL R R R R R L RLR L L L L L RLRLR RRLRLRL L

Bass Dr  
R R R R R R R R

A  
R L L R L

26

Snare  
RLRLRR RL RL RL L L L R LRL R R R L L R R L L R R L L R R L L R

Tenors  
RLRLRR RL RL RL R L L L R LRL R R R L L R R L L R R L L R

Bass Dr  
*p* *f* R R R R L L L R R R R L L L L

A  
L R R L R L L L R R

B

32

Snare  
L

Tenors  
L

Bass Dr  
sim...

A  
L

37

Snare

Tenors

Bass Dr

A

R R R L L L Sim.

*p* *mf* *f*

R R R L L L R R L L L R R R L L R R R L L L R L

41

Snare

Tenors

Bass Dr

A

R L ...

R L ...

R L ...

R L ...

# WestWolf (Triple Double)

Diamond Bar High School

DV

Musical score for the first system, featuring four staves: SnareLine, TenorLine, BassLine, and ALine. Each staff includes rhythmic notation with accents and dynamic markings. The SnareLine and TenorLine staves have 'R' and 'L' markings below them. The BassLine and ALine staves also have 'R' and 'L' markings below them.

Musical score for the second system, featuring four staves: Snare, Tenors, Bass Dr, and A. The Snare staff has a measure rest marked with a #. The Tenors staff has 'R' and 'L' markings below it. The Bass Dr staff has 'R L R L L' and 'R L R R L R R L R R L R R' markings below it. The A staff has 'R' and 'L' markings below it.

Musical score for the third system, featuring four staves: Snare, Tenors, Bass Dr, and A. The Snare staff has a measure rest marked with an 8. The Tenors staff has 'R R R L L L Sim...' and 'R L R R' markings below it. The Bass Dr staff has 'R R R L L L Sim...' and 'L L L R R R L R R' markings below it. The A staff has 'R R R L L L Sim...' and 'R L R R' markings below it.



20

Snare

Tenors

Bass Dr

A

22

Snare

Tenors

Bass Dr

A

R L

R L





# Rolls

Diamond Bar High School

DV

SnareLine

BassLine

Measures 1-3. SnareLine: 12/8 time signature, quarter notes. BassLine: 12/8 time signature, eighth notes with stems.

4

Snare

Bass Dr

Measures 4-6. Snare: quarter notes. Bass Dr: eighth notes with stems.

7

Snare

Bass Dr

Measures 7-9. Snare: quarter notes. Bass Dr: eighth notes with stems.

10

Snare

Bass Dr

Measures 10-13. Snare: quarter notes. Bass Dr: eighth notes with stems.

14

Snare

Bass Dr

Measures 14-17. Snare: quarter notes. Bass Dr: eighth notes with stems.

18

Snare

Bass Dr

Measures 18-21. Snare: quarter notes. Bass Dr: eighth notes with stems.

22

Snare

Bass Dr

Measures 22-25. Snare: quarter notes. Bass Dr: eighth notes with stems.

R R L R L L L



26

Two Height Pattern

Two Height Pattern

Snare

Bass Dr

R R L R L L L

30

Snare

Bass Dr

34

Snare

Bass Dr

R L R L R L

R R R L L L

38

Snare

Bass Dr

R L R L R L R L L L R R L R R L

41

Snare

Bass Dr

R

*p*

*p*

45

Snare

Bass Dr

*f*

*f*